



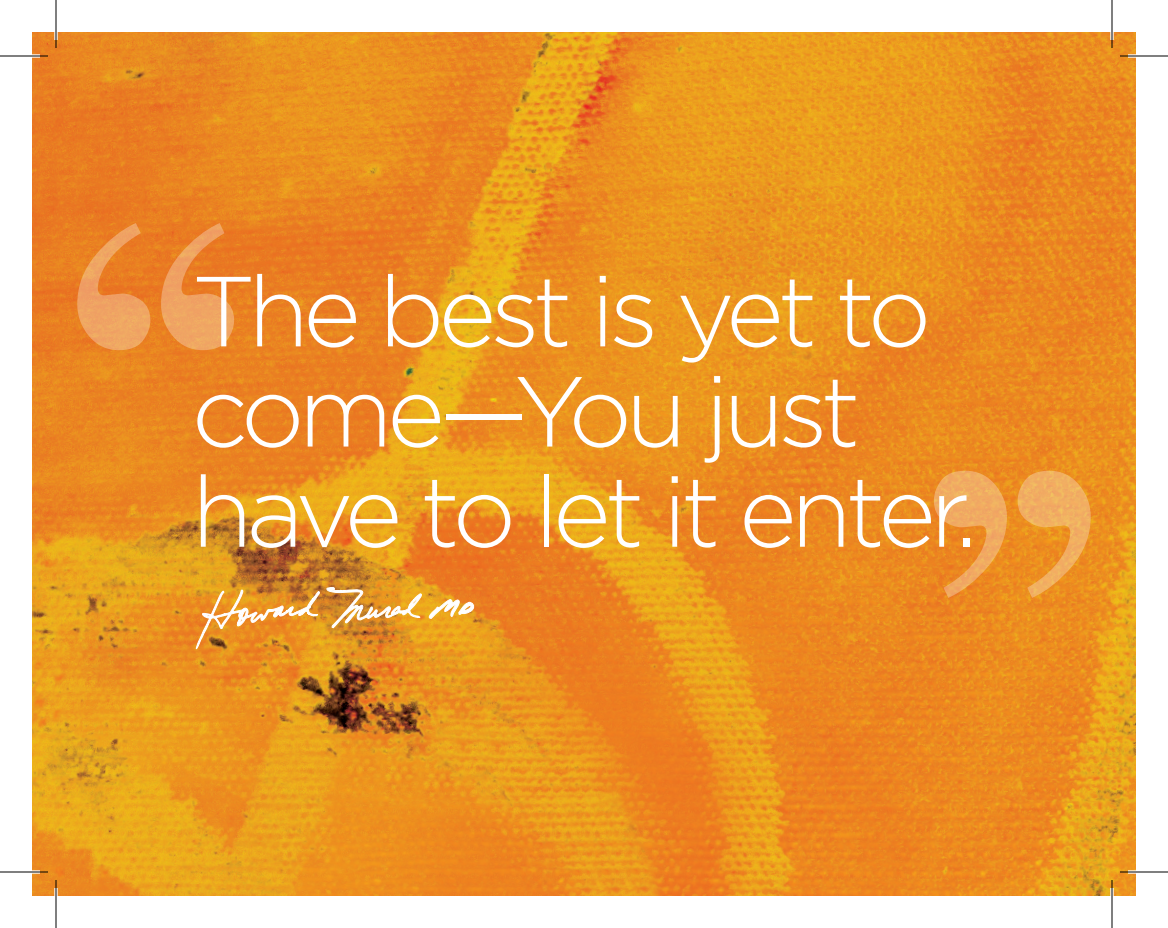
“Be thrilled with
who you are.”

Howard Thurman



“Happiness
resides within.”

Howard Thurman mo



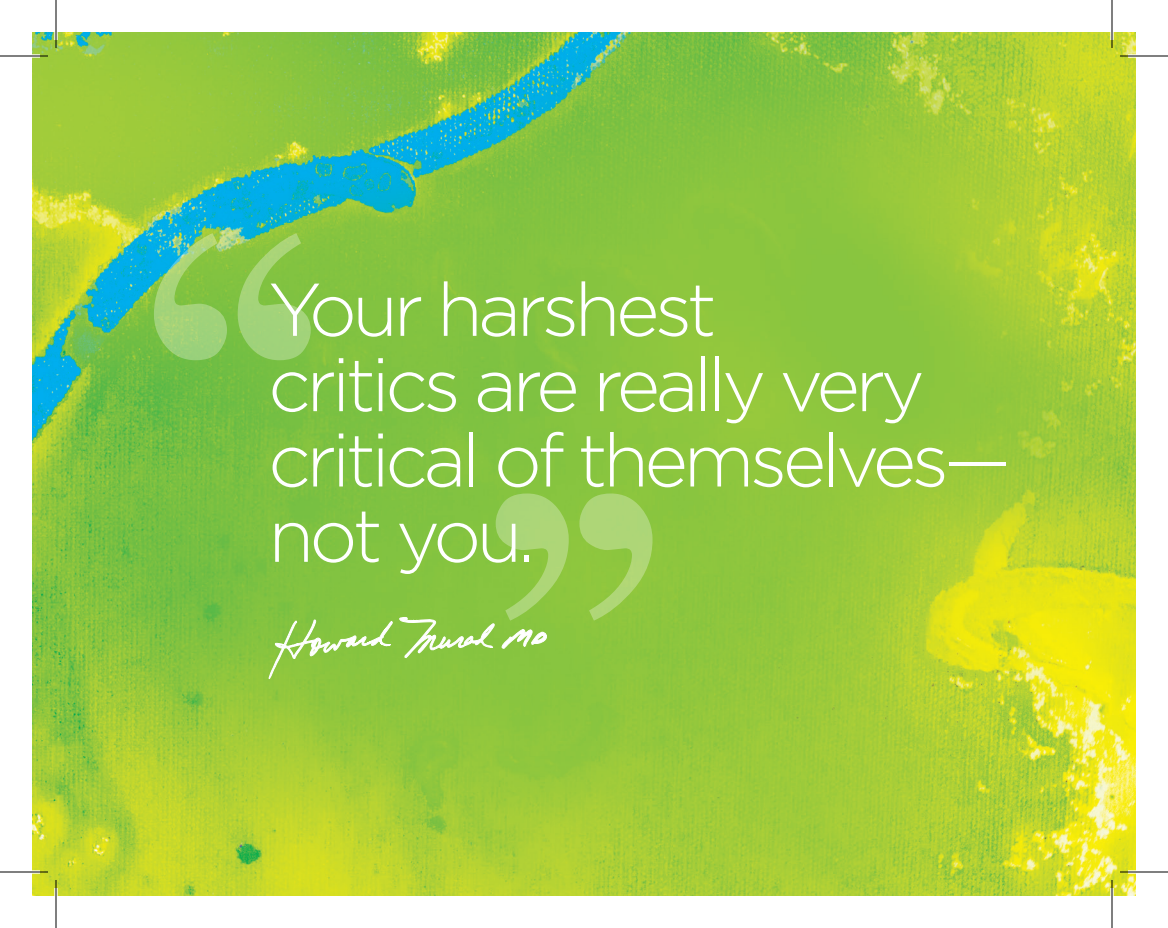
“The best is yet to
come—You just
have to let it enter.”

Howard Thurman



“Give yourself
permission to
be successful.”

Howard Thurman



“Your harshest
critics are really very
critical of themselves—
not you.”

Howard Thurman



“Be imperfect,
live longer.”

Howard Thurston



“Beware of
creating your
own stress.”

Howard Thurman



“If it is no big deal
don't make a big
deal about it.”

Howard Thurman



“Dance even
though you don’t
hear the music.”

Howard Thurston



“Forgive
yourself.”

Howard Thurman

The background is a vibrant green with a fine, woven texture. In the upper left corner, there is a bright yellow, cloud-like shape. In the bottom right corner, there is a blue, wavy shape that resembles a river or a splash of paint. The quote is centered in the middle of the image.

“Why have a bad day
when you can have
a good day?”

Howard Thurman